

**PARISH BULLETIN - November 27, 2022**

**25<sup>th</sup> Sunday after Pentecost**

**25-та Неділя після Зіслання Св. Духа**

**Welcome! Bienvenue! Вітаємо!  
Welcome to St. George's Church!**

**Our mission is to know, love and serve our Lord & Saviour Jesus Christ.**

Here at St. George's Church, the center of our life is the Sunday and daily Divine Liturgy.

It is here where we come to know Christ in each other, in the Sacred Scriptures and through participation in the Holy Sacraments.

A life of Christian Catholic stewardship includes a strong commitment toward the sacramental life through prayer, Liturgy and active ministry.

We are called to become the image and likeness of Christ God in all we say and do.

Website: <http://www.stgeorgessarnia.ca>

Email: [pastor@stgeorgessarnia.ca](mailto:pastor@stgeorgessarnia.ca)

Pastor: [Fr. Bohdan Winnicki](#)

Office: [519-542-9903](tel:519-542-9903)

Pastoral Emergency: [416-419-1097](tel:416-419-1097)

**PLEASE REMEMBER IN YOUR PRAYERS / ПРОСИМ О МОЛИТВУ ЗА ЗДОРОВ'Я**

... all our parishioners who are in the hospitals, care homes, shut-ins and those who are not able to join us actively due to health reasons.

Anyone wishing to have a home visit from Father Bohdan or know of a parishioner who would like to have a visit please contact the parish office to book a time.

*Visiting, praying for and reaching out to the sick and lonely is one of the works of mercy taught by Christ.*

**Please Remember to Support Your Parish.**

If your preference is to use a debit or credit card, please find the [DONATE Link](#) on our website main page.

May Our Lord reward you a hundredfold for your generosity.

Дякуємо за вашу щедрість!

**LAST WEEK COLLECTION:**

Sunday envelopes collection - \$1,340.15

For the Church in Ukraine - \$20.00

For the Poor - \$20.00

Votive Candles - \$17.80

Goods and Service donation - \$330.17

| DATE:                               | TIME OF SERVICE: | INTENTION:  | OFFERED BY:                             |
|-------------------------------------|------------------|---|---|
| Saturday, November 26 <sup>th</sup> | 5:00 PM (Eng.)   | Health & God's Blessings for Mathieu Beauchamp                      | Marc Beauchamp                          |
| Sunday, November 27 <sup>th</sup>   | 9:30 AM (Eng.)   | Health & God's Blessings for Denis Montgomery                       | Joe and Jackie Kennedy                  |
| Sunday, November 27 <sup>th</sup>   | 1:00 PM (Ukr.)   | Health & God's Blessings for Miroslawa Winnicka                     | Family                                  |
| Thursday, December 1 <sup>st</sup>  | 9:00 AM (Eng.)   | For the deceased members of the Vander Vloet and Meeuwssen families | From the Estate of Frank J Vander Vloet |
| Friday, December 2 <sup>nd</sup>    | 6:00 PM (Eng.)   | 1 <sup>st</sup> Friday of the month                                 |   |
| Saturday December 3 <sup>rd</sup>   | 9:00 AM (Eng.)   | 1 <sup>st</sup> Saturday of the month                               |   |

## LITURGY INTENTIONS

You can request Father Bohdan to celebrate Liturgies for your intentions. Please contact the parish office: 519-542-9903 to book a Liturgy.  
The suggested stipend for a Divine Liturgy is \$20.00

**There shall be a General Meeting (Part 2) on December 4<sup>th</sup>, after 9:30 am Divine Liturgy.**

The purpose of the General Meeting - Financial and Pastoral Reports:

Everyone is welcome to attend.



**Break for Jesus 2022 Catechetical Camp:** Attention children in grades 3-8! March 12-18, 2023 at Mount Mary Retreat Centre in Ancaster. ONLINE registration starts Sunday, December 11 at 2pm, at [www.b4j.ca](http://www.b4j.ca). Please enter code B4J2023. Registration will close when we reach the maximum number of participants. The program is bilingual. Space is very limited, so please register quickly.

«Відпичнім з Христом» Катехитичний Табір 2023 : Для дітей 3-8 класів! 12-18 березня, 2023 на Горі Марії в Анкастері. ОНЛАЙН реєстрація починається в неділю 11-го грудня о год. 2-ій по пол. Зайдіть на сайт [www.b4j.ca](http://www.b4j.ca). та введіть код B4J2023. Програма є двомовна. Реєстрація закривається, коли всі місця будуть заповнені. Місця дуже обмежені - не відкладайте!



### Сповідь / Confessions

8:15 am - 8:45 am Thursday morning  
4:15 pm - 4:45 pm Saturday afternoon  
8:45 am - 9:15 am Sunday morning  
By appointment during the week

### NOTE:

If you wish to place your message or announcement into our weekly parish bulletin,  
Please sent it by email to the office at [pastor@stgeorgessarnia.ca](mailto:pastor@stgeorgessarnia.ca) by no later than 3:00 p.m. on Wednesday.



## PRAYER FOR UKRAINE

*Give comfort to those who suffer because of the violence.  
Give comfort to those who mourn their dead, and strength to neighboring countries to welcome the refugees.  
Convert the hearts of those who resort to arms and protect those who work to promote peace.  
God of hope, inspire leaders to choose peace instead of violence and to seek reconciliation with enemies.  
Inspire compassion in the universal Church for the Ukrainian people and give us hope for a future of peace based on justice for all.  
We ask this through Jesus Christ, Prince of Peace and Light of the world. Amen.*

Russia invaded Ukraine on Thursday, February 24, 2022 and is posing the largest threat to international global security since WW II.

The Ukrainian people will fight to defend their homeland and in doing so, will prevent the spread of Russian aggression.

Russian aggression will result in one of the largest humanitarian crises of this century. Hundreds of thousands, if not millions, of Ukrainians will be displaced.

If you wish to make a donation to provide humanitarian aid to Ukraine, please donate through the Catholic Near East Welfare Association (CNEWA), and specify that your donation is for Ukraine - <https://cnewa.org/ca/donate/>

You may also donate directly to St George's Church, the money will directly to charity efforts for Ukraine.

Simply send an E-Transfer to [tosaveukraine@stgeorgessarnia.ca](mailto:tosaveukraine@stgeorgessarnia.ca)

## МОЛИТВА ЗА МНОГОСТРАЖДАЛЬНИЙ УКРАЇНСЬКИЙ НАРОД У ЧАС ВІЙНИ

Господи Ісусе Христе Боже наш, благаємо Тебе, вислухай щирі молитви Твоєї улюбленої Церкви Київської Русі за важко страждаючих дітей українського краю. Споглянь милостивим оком на їх лихоліття та ласкаво поспіши на допомогу. Звільни свій беззахисний народ від несправедливих загарбників, нашествя агресорів та терору війни. Зміцни силу Твою усіх доблесних і відважних захисників для добросердечної боротьби, щоб вони радше керувалися любов'ю до беззахисних, аніж ненавистю до ворогів. О Премилосердний Господи, захорони переселенців, зціли поранених, борони сиріт, підтримай вдів, потіш скорботних та ласкаво прийми до Твого Царства всіх, хто благородно віддав своє життя в обороні Батьківщини від нападів ворогів. Поспіши зупинити кровопролиття як друга, так і недруга та запали серця багатьох до мужньої боротьби за істинну справедливість, що є джерелом тривалого миру. О добросердий Господи, Ти - наш мир, пом'якши зачерствілі серця, наверни тих, хто сприяє воєнним діям, до примирення, щоб Твій улюблений український народ втішався миром, справедливістю та свободою - ознаками Твого Царства, в якому Ти царюєш з Предвічним Твоїм Отцем, і Всесвятим, Благим і Животворним Твоїм Духом, нині, і повсякчас, і на віки віків. Амінь.



## National Holodomor Awareness Week

ON SATURDAY, NOVEMBER 26, 2022, Ukrainians around the world will join Ukraine and the international community in honouring the victims of the Holodomor of 1932-33, the genocide of the Ukrainian people that, while being a terrible page in history, did not break the Ukrainian nation in its quest for dignity and freedom.

The Ukrainian World Congress (UWC) International Holodomor Coordinating Committee, in its recent address to Ukrainian organizations and communities, called on Ukrainians around the world to honour every man, woman, and child who died innocently during this genocide on International Holodomor Remembrance Day, with a minute of silence at 19:32 (7:32 pm) local time, lighting candles in the windows of their homes and participating in commemorative events and services in their local communities. Together with the descendants of survivors living in Canada, let us remember the victims of the Holodomor.



## Basic Facts About The Holodomor

During the twentieth century, colossal human tragedies occurred – among them the Holodomor, the Holocaust, the Srebernica Genocide, the Rwandan Genocide and the genocide of the Yazidis. Our focus here will be the study of a genocide known as “The Holodomor,” a word that in the Ukrainian language means “death inflicted by starvation”.

Millions of men, women and children were slowly starved to death in the early 1930s through the implementation of a policy to take away the food from the largest segment of the Ukrainian nation, the farmers. The term “Holodomor” is often used to encompass the starvation of the farmers as well as a broader assault on the Ukrainian nation, which included an attack on the cultural, religious and political leadership of Ukraine, most of which was at that time under Soviet rule. Thus, the largest non-Russian ethnic group within the Soviet Union, the Ukrainians, were decimated, putting an end to their aspirations for autonomy and independence for decades.

The Soviet regime that conducted this genocide denied its existence and terrorized its own population into silence for generations. Thus, this huge crime nearly disappeared from world awareness. After the demise of the Soviet Union in 1991, archives in Russia and Ukraine were made accessible that for decades had been closed to scholars. Researchers are now able to study documents and materials that confirm the motivations of the Soviet leadership in the 1930s regarding Ukraine and the conduct of its regional leaders during the Holodomor. This has led to a greater understanding of this tragedy, including its far-reaching consequences for present-day Ukraine.

### Quick Facts

**What:** The term “Holodomor” - which means inflicted death by starvation - refers to the man-made famine caused by Soviet policies that resulted in death by starvation of millions of Ukrainians in 1932-1933.

**When:** 1932-1933. At the time of the Holodomor, Ukraine was a republic or province of the USSR. After Ukraine’s briefly achieved independence in 1918-1920, Ukraine was conquered by the Red Army and was incorporated into the Soviet Union in 1922.

**Who was affected:** the population of Ukraine, mostly farmers and their families.

**Who were the perpetrators:** The Communist Party of the USSR led by Joseph Stalin.

**Where:** Ukraine, specifically the territory of central, southern and eastern Ukraine and the Kuban, a territory in southern Russia, adjacent to Ukraine that was heavily populated by Ukrainians.

**How:** Through Soviet government decrees:

- The elimination of kulaks/kurkuls (successful peasants) - the leaders of the villages.
- Policy of dekulakization - stripped farmers of all possessions (land equipment, produce, livestock), whole families were arrested and deported (some executed).
- Collectivization - individual peasant farms (5,000,000) were forcibly combined into collective state farms known as kolhosps (25,000).
- First Five-Year Plan (1928-1933) set high quotas for the amount of grain to be collected by the Soviet state.
- Kolhosps that were unable to meet quotas were punished by the seizing of all food and the blockading of the village, leaving its resident to starve.
- This blockading and starvation as punishment happened to over one third of the villages in Ukraine.
- Rebellions by Ukrainian farmers were ruthlessly put down by army and secret police.

**Why:**

*“The Terror-Famine of 1932-33 was a dual-purpose by-product of collectivization, designed to suppress Ukrainian nationalism and the most important concentration of prosperous peasants at one throw.”*

Norman Davies, *Europe: A History*, Oxford University Press (1998)



## *Lasting Consequences of the Holodomor*

**Population Loss** - Demographic estimates put the number of excessive deaths at approximately 4,500,000 people in Ukraine in 1932-1934. (O. Wolowyna)

Direct population losses by starvation in June 1933, at the height of the Famine, were at least 28,000 deaths per day in Ukraine, 30 percent of them children. Many of the documents in Ukraine were destroyed by Soviet authorities and exact numbers are still being determined.

**Change in demographics of Ukraine** - Among those brought in to settle the abandoned villages and depopulated regions in Ukraine were Russians and Belarusians.

**The policy of Russification and denationalization in Ukraine** made Ukrainians second-class citizens on their own territory, enforcing a 'Soviet identity' and Russian language onto the Ukrainian population.

**Loss of collective memory** - Ukrainians were denied their own history, culture, and knowledge about the Holodomor for generations. Only since 1991 and the independence of Ukraine have Ukrainians been free to express fully their Ukrainian identity.

**Elimination of Ukrainian leadership** - 80 percent of the intelligentsia were destroyed in the 1930s and often replaced by Soviet non-Ukrainian officials.

**Ukraine is a post-genocidal and post-colonial country** - "The Holodomor maimed Ukraine to such an extent that it created a discontinuity in the normal development of the Ukrainian people to this day. The orchestrated famine wiped out millions of nationally conscious Ukrainians. The Soviet regime prevented families and individuals from processing both personal and national grief, as for more than 70 years Ukraine could not address this trauma openly. The problems of today are deeply rooted in the past atrocities,

destruction of the spiritual, intellectual and cultural life of successive generations of Ukrainians since the 1930s. Will acknowledgement by the world community of the Ukrainian genocide ease the effects of the trauma? The Holodomor is not only an event in Ukraine's past - it is an event in its present and its future." (Irena Chalupa, Dec. 9, 2008)

Ukraine is still a prime target for Russian expansionist objectives, as is illustrated by the events in Eastern Ukraine.

*"Why is the Holodomor unique among genocides and great crimes against humanity? Because its last chapter has not yet been written."*

Walter Zarycky - Columbia University

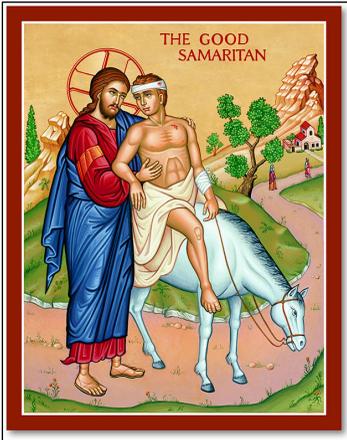
## *IT'S TIME TO REFLECT. . .*

Reflect, today, upon your daily prayer life. Do you pray? Perhaps you say a few prayers here and there. But do you pray? Do you take time to stop everything else, fall on your knees and be still in the presence of our divine Lord? Doing this will do more for your life and the lives of others than if you worked non-stop 24/7.

*Lord, help me to seek Your still silent presence.*

*Help me to surrender over my anxiety and worry.*

*Jesus, bathe me in Your grace and help me refocus each and every day on You.*



## GOSPEL REFLECTION - Luke 10:25-37

“Which of these three, in your opinion, was neighbor to the robbers’ victim?”

He answered, “The one who treated him with mercy.” Jesus said to him, “Go and do likewise.” [Luke 10:36-37](#)

Here we have the conclusion to the familiar story of the Good Samaritan. First, robbers beat him and left him for dead. Then a priest walked by and ignored him. And then a Levite walked by also ignoring him. Finally, the Samaritan walked by and took care of him with great generosity. Interestingly, when Jesus asked the disciples which of these three acted as a neighbor, they didn’t respond “the Samaritan.” Rather, they responded, “The one who treated him with mercy.” Mercy was the key focus.

It is so easy to be judgmental and harsh with one another. If you read the newspapers or listen to the news commentators you can’t help but hear continual judgment and condemnation. Our fallen human nature seems to thrive on being critical of others. And when we are not critical, we are often tempted to act like the priest and Levite in this story. We are tempted to turn a blind eye to those in need. The key must be to always show mercy and show it in superabundance.

## Third week of St. Philip Fast / Advent

Candle: gold (love)

Light all three candles and review the meaning of the first two candles.

Symbolism: Remember the words of St. John, “God so loved the world that He gave His only Son.”

Scripture: St. Luke 1:26-38.

Theme: The life of St. Nicholas who was known for his great generosity in distributing gifts and money to the poor. He preferred to deliver his gifts after dark and in disguise so that no one would know who left them. How can we follow his example by giving gifts to the needy?

## LET US ALL TRADITIONALLY PREPARE TO CELEBRATE JESUS’ BIRTHDAY:

Do something for a poor, sick or lonely person and maybe for an enemy too. We remember Joseph, Mary and Jesus were not welcomed by anyone at His first coming. Maybe in some way we can do something for someone who has no one to spend Christmas with. Christmas is one day of the year when many cold hearts soften a little. This is a good day to reach out to someone who will not speak to you in your family or someone else. At least we can spend some time praying for all the people that have hurt us in this last year and pray that they will change. We also can forgive all those who have hurt us and begin the new year with a clean slate. Jesus is Love and He cannot come and dwell within hearts that have hate or hold grudges.

## Advent Reflection

We are joyful because we know that the Lord will come. Our expectation leads to joy. Advent is a time of joyful waiting and joyful giving. May we each prepare ourselves fully to welcome the birth of our Saviour, the One who comes so that our `joy may be complete`. Lord of Heaven and earth, stir our hearts with longing for You and guide our preparations for Your Birth.

Would you like to advertise in our bulletin?

For pricing and more information, call the office at 519-542-9903.

## Come Back to Church!

The Eucharist is our life-line, without it we cannot live. The Sunday Divine Liturgy is the community celebration of Christ in our midst, the event that unites us all together as the Body of Christ. Celebrating the Eucharist is not just a commandment of the Church, but an inner necessity. Christ sustains us, and, without Him, our lives are empty. It is time to return to full parish life, with precautions, and to come back to church weekly to participate in the Lord's banquet and receive Him in Holy Communion, by which we become the Body of Christ. Now, as we trust in the Lord, and with great confidence in the vaccines, our lives are opening up to more activity. It is time to return to the obligation of Sunday Divine Liturgy. Our obligation to participate in worship at the Divine Liturgy is an obligation of love as well as a command of the Lord.

*"Sometimes it seems as though we spend our lives waiting. Daydreaming about an upcoming vacation, worrying over a medical test, preparing for the birth of grandchild-our days are filled with anticipation and anxiety over what the future holds. As Christians, we too spend our lives waiting. But we are waiting for something much bigger than a trip, bigger even than retirement or a wedding: We are waiting for the return of Jesus in glory. Advent heightens this sense of waiting, because it marks not only our anticipation of Jesus' final coming, but also our remembrance of his arrival into our world more than 2,000 years ago."*

*-Anonymous-*

## The Cherubimic Hymn

The Cherubimic Hymn derives its name from the time when St. John the Evangelist heard the cherubim singing in his revelation. The hymn reminds us to forget all worldly cares and turn our thoughts to God -- that we may pay attention to the Great Mysteries fulfilled in our presence.

## Liturgical Q & A

**QUESTION:** *I would like to know if I should have an icon on the east wall in my home? Can you provide a little explanation about that? Also, is it true all our (Byzantine Catholic) churches face east.*

**ANSWER:** Icons can be placed on any wall in your home, but traditionally significance is given to having a prayer corner or wall that is east so that when one prays before the icons the viewer faces east. The focus on the east is theologically significant since it is in the east that the sun rises, which represents the second coming of our Lord and Saviour Jesus Christ in all of His glory.

For this same reason, Byzantine (Catholic or Orthodox) churches would be situated so that the altar is at the eastern end of the church, so that when you enter from the west you are facing the east, where the iconostasis and altar are. In modern cities, this is not always practical with the land that is available, so churches may be constructed in other directions, but the majority of rural churches and urban churches are constructed with an east- west orientation.



## Prayer For St. Phillip Fast / Advent

God of Love,  
Your Son, Jesus, is Your greatest gift to us.  
He is a sign of Your love.  
Help us walk in that love during the weeks of this Christmas Fast  
As we wait and prepare for His coming. We pray in the name of Jesus, our Savior.  
Amen.

Coffee and Fellowship After Divine Liturgy.  
Come join us!

## 'Tis the Season

We will begin to decorate our Church for the Christmas season on Saturday, December 10<sup>th</sup> beginning approximately at 10:00 am. Volunteers of all ages are welcome to come and lend a helping hand.

### Parish Membership and Expectations

#### What then does it mean to be a parishioner? What are the expectations?

As a result of my baptism, in practicing my Christian discipleship, I am expected as a registered member of my parish to:

- regularly attend and participate in the Sunday Divine Liturgy, together with my family;
- regularly participate in the liturgical and sacramental life of the Church;
- develop and practice an ongoing personal/family prayer life;
- witness to the teachings of the Church by the manner of my living life;
- practice stewardship of my time, talent and treasure in service to the mission of the Church;
- acknowledge, as a registered member, that I am to be a participant in serving the mission of the parish rather than being only a spectator;
- and
- realize the necessary and ongoing importance of love, generosity, faith and family.

### A TEACHER

Every person who appears in our life is a teacher: someone teaches us to be stronger, someone teaches us to be braver, someone teaches us to be wiser, someone teaches us to be cautious, someone teaches us to be kind and gentle, someone teaches us to be patient, someone teaches us to be generous, someone teaches us to be at peace, someone teaches us to forgive, someone teaches us to be happy and to appreciate every day. Others seem to not be teaching us anything, but rather break all of our stereotypes through their example, providing us a valuable lesson in the process. Stop and think about your teachers; the most significant ones come to mind immediately. Yet how many people go unnoticed as they help us become the people that we are? Let us keep in mind that people have the ability to learn from others, and that we are fortunate if we learn things that are good. But let us also remember that those who teach us by bad examples are teachers, as well. They show us what not to do, how not to do it, when not to do it, and why not to do it. Let us learn from them as well!

### Notice to the Parish

**Please pass this notice to those members of our Parish who have not been regular in their church attendance and ask them to carefully consider the message below.**

I want you to know that our Parish needs you, and that you also need to be here with us. We have a responsibility to one another as members of the Body of Christ - the Church - and these responsibilities are growing daily, given the events taking place in the world around us. Please make Church attendance and prayer a regular part of you daily lives. Please!





## **Pope Francis has Appointed Bishop Andriy Rabyi to be the New Auxiliary Bishop of the Ukrainian Catholic Archeparchy of Winnipeg**

On November 10, 2022, the Holy See announced that His Holiness Pope Francis has appointed His Excellency Most Reverend Andriy Rabyi, Auxiliary Bishop of the Ukrainian Catholic Archeparchy of Philadelphia, to be the new Auxiliary Bishop of the Ukrainian Catholic Archeparchy of Winnipeg.

Bishop Andriy has rendered generous service throughout the Archeparchy fulfilling many functions in various parishes and in the chancery. Most recently, Bishop Andriy served as Vicar General, member of the College of Consultors, and given the shortage of priests has generously offered pastoral leadership at two Parishes in the Coal Region - Transfiguration Parish in Shamokin, PA, and Immaculate Conception Parish in Marion Heights, PA.

Born in 1975 in Ukraine, where he started his seminary formation, Bishop Andriy spent almost all of his adult life in the United States.

He arrived in the US at the invitation of the late Metropolitan Stephen Sulyk to continue his studies at Saint Josaphat Seminary and the Catholic University of America in Washington, DC, where he completed his degree in philosophy in 1999. That same year, he began theological studies at the Dominican House of Studies in Washington and graduated in 2002 with a master's degree in theology.

In 1999, he was ordained a Deacon by Metropolitan Sulyk, and in 2001 a Priest by Metropolitan Stefan Soroka. As a Priest, he served with great dedication in different Parishes. In 2002, he was appointed administrator of the parish of St. Michael the Archangel in Hillsborough, NJ, (2002-2005) and the Parish of the Nativity of the Most Holy Theotokos in New Brunswick, NJ, (2002-2003; 2004-2005). For one year (2003-2004) he also served as Administrator of the Parish of the Immaculate Conception in Hillside, NJ.

The talented young priest was asked by Metropolitan Soroka to continue his studies. He earned a licentiate in canon law at the Catholic University of America in 2008, specializing in the Canon Law of the Eastern Catholic Churches.

For over 10 years, from February 2008 to June 2018, Father Rabyi was the Administrator of the Nativity of the Blessed Virgin Mary Parish in Reading, PA. From February 2013, he also was responsible for the Mission Parish of St. Andrew the Apostle in Lancaster, PA. In June 2008, he was appointed vice chancellor for the Archeparchy of Philadelphia and subsequently served in different administrative capacities in the chancery.

In 2017, Father Andriy was appointed Auxiliary Bishop of the Archeparchy of Philadelphia. His Episcopal Ordination took place on September 3, 2017 in Saint George's Cathedral in Lviv where in his youth he had served as an altar boy. His Beatitude Sviatoslav was the main consecrator with Metropolitan Stefan Soroka of Philadelphia and Bishop David Motiuk of Edmonton serving as co-consecrators. The ordination of Bishop Andriy occurred in the presence and with the prayers of the entire Synod of the Ukrainian Greek Catholic Church and his family that hails from Lviv.

Upon the retirement of Metropolitan Stefan Soroka, from April 16, 2018, to June 4, 2019, Bishop Andriy served as Apostolic Administrator of the Philadelphia Archeparchy. Subsequently, he served as Vicar General of the Archeparchy. Because of the short of priests, during the pandemic, Bishop Andriy assumed responsibility for St. Michael Archangel Parish in Jenkintown, PA December 1, 2020, to July 31, 2022.

"Bishop Andriy is well-regarded as a pastor who is caring and deeply committed, hands-on, and modest. He has lived a life of simplicity, chastity, and complete dedication to the Church. As he once told me 'The Church is my life, I have nothing but the Church'," noted Metropolitan Borys Gudziak after the news about the appointment was announced.

In the name of the clergy, religious, and faithful of the Archeparchy, Metropolitan Borys expressed his gratitude to Bishop Andriy for the years of prayer, guidance, ministry, and pastoral care that he has offered thousands of faithful. "We wish Bishop Rabyi all the blessings of the Lord as the Holy Spirit guides him to new spiritual horizons and to new places of pastoral service. May the Lord grant the God-loving Bishop Andriy health, happiness, and the visitation of the Holy Spirit for many happy years!" said the Archbishop.

## **Help! I am Bored in Church.** **A 7-Step Method to Fix That.**

### **1. Turn off the car radio on the way to the Divine Liturgy.**

One of the best ways to mentally prepare for The Divine Liturgy is to begin before you arrive. Start clearing out your distractions in advance by spending your drive time to the parish in silence. Turn off the car radio, shut off your phone, and quiet down the talking if you have others in the car with you. Leave any important conversations for after the Liturgy. Consciously start making your transition from secular to sacred. Let that silence sink in.

### **2. Get to Liturgy at least ten minutes early.**

By clearing out your mind on the way to Liturgy and making room for silence, you have already taken steps to prepare yourself for prayer. Use that preparation well by spending at least a few minutes in silent prayer before Liturgy begins. This will help to settle you down and keep you attentive. More time is better, but a few minutes is better than none at all. This may take practice, but over time you can develop the habit.

### **3. Pray Business Class.**

Why is it that everyone wants front row seats at a musical concert or at a game, but the last seats in church? Avoid looking for a place in the last pews of the church right at the back, especially when there is plenty of space up front. They say that the front pews receive more grace! Seriously, though, sitting up front will help you avoid distractions. If all that is in front of you is the altar, it is much easier to stay focused on what is happening there. You will also be less distracted by what is happening in the pews around you.

### **4. Come on out, you bathroom singers.**

Divine Liturgy is not an event for spectators. Participate! Say all the prayers and sing all the songs. If it helps, follow along with each part of Liturgy using the liturgy book. If you are engaging in all of this, it is a rewarding occupation for the mind, and God will undoubtedly assist you to better grasp and understand His sacred truths.

### **5. Homilies are so boring!**

How often have I heard that? And true, sometimes a priest might meander a bit, but homilies are pretty interesting if you really listen to them, and the priest has probably put a lot of effort into preparing it. If you get bored during lectures in school or college or watching the evening news or scrolling through your Facebook feed, ask yourself if the problem is with you. Give yourself a challenge: Listen to the homily and try to capture the essence of it in 140 characters or less.

### **6. 167 to 1.**

Remember that the Eucharist is Thanksgiving, and if you are just a Sunday churchgoer, then you are giving God your full attention for just 1 hour or less. The rest of the 167 hours each week, God gives you as a gift and doesn't get in your way. Ask yourself how many good things you have received from the Lord. Isn't it right and just that we spend 1 hour each week worshipping the Creator with all our hearts?

### **7. A perfect 7 - Mary.**

The final word belongs to Mary, Queen of heaven and earth and our Mother. Ask Mary to intercede for you during the Divine Liturgy. Pray to her for guidance and strength. She was always by Our Lord's side and she will remain by yours as well. No human being understands you better than Mary does.

Follow these 7 steps and you will slowly find the beauty of the Eucharist opening up before you. As with any other activity, this too will take time. Don't expect to be charged up on the first Sunday itself. All great tastes develop in time and with patience. You cannot make great music on the first day. Neither was Rome built in a day.

Sunday, November 27, 2022

Twenty-fifth Sunday after Pentecost. Octoechos Tone 8.  
The Holy Martyr James of Persia (422); Our Venerable Father Palladius

Troparia and Kontakia

*Troparion, Tone 8:* You came down from on high, O Merciful One,\* and accepted three days of burial\* to free us from our sufferings.\* O Lord, our life and our resurrection,\* glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit.

*Kontakion, Tone 8:* When You rose from the tomb,\* You also raised the dead and resurrected Adam.\* Eve exults in Your resurrection,\* and the ends of the world celebrate Your rising from the dead,\* O most merciful One.

Now and for ever and ever. Amen.

*Theotokion, Tone 8:* To you, O Mother of God,\* the invincible leader,\* we, your servants, ascribe these victory hymns\* in thanksgiving for our deliverance from evil.\* With your invincible power free us from all dangers\* that we may cry out to you:\* “Hail, O bride, and pure Virgin!”

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

*verse:* In Judea God is known; His name is great in Israel. (*Psalm 75:12,2*)

Epistle - Ephesians 4:1-6

*A reading from the Epistle of the Holy Apostle Paul to the Ephesians.*

Brethren, I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism; one God and Father of all, who is above all, and through all, and in you all.

Alleluia, Tone 8

*verse:* Come, let us rejoice in the Lord; let us acclaim God our Saviour.

*verse:* Let us come before His countenance with praise and acclaim Him with psalms. (*Psalm 94:1,2*)

Gospel - Luke 10:25-37

At that time, a certain lawyer stood up and tested Jesus, saying, “Teacher, what shall I do to inherit eternal life?”

He said to him, “What is written in the law? What is your reading of it?”

So he answered and said, “ ‘You shall love the LORD your God with all your heart, with all your soul, with all your strength, and with all your mind,’ and ‘your neighbor as yourself.’ ”

And He said to him, “You have answered rightly; do this and you will live.”

But he, wanting to justify himself, said to Jesus, “And who is my neighbor?”

Then Jesus answered and said: “A certain *man* went down from Jerusalem to Jericho, and fell among thieves, who stripped him of his clothing, wounded *him*, and departed, leaving *him* half dead. Now by chance a certain priest came down that road. And when he saw him, he passed by on the other side. Likewise a Levite, when he arrived at the place, came and looked, and passed by on the other side. But a certain Samaritan, as he journeyed, came where he was. And when he saw him, he had compassion. So he went to *him*

and bandaged his wounds, pouring on oil and wine; and he set him on his own animal, brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, gave *them* to the innkeeper, and said to him, 'Take care of him; and whatever more you spend, when I come again, I will repay you.' So which of these three do you think was neighbor to him who fell among the thieves?"

And he said, "He who showed mercy on him."

Then Jesus said to him, "Go and do likewise."

### ***Communion Hymn***

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (*Psalms 148:1*)



### **Basic Guidelines for Reception of Holy Communion:**

- 1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion).
- 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently.
- 3) You attend Divine Services regularly.
- 4) Your lifestyle is consistent with the teaching of the Catholic Church.
- 5) You have kept the Liturgical fast - no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast).
- 6) You have been in church from the beginning of the service, or at least heard the Gospel.
- 7) To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion,  
You are very welcome to come for a blessing.*

*Please indicate to the priest that you would like to receive his blessing.*

### **Як потрібно підготувувати себе до прийняття Святого Причастя?**

- Постом (євхаристійний піст щонайменше за годину до Святої Літургії), молитвою та ділами милосердя для ближніх;
- Зробити Іспит совісті відносно присутності гріха;
- Примирившись при потребі з ближніми (родиною, сусідами...);
- Збуджувати жаль за скоєні легкі гріхи;
- Приступити до сповіді і перепросити Бога за скоєні тяжкі гріхи;
- Мати пристойний і гідний зовнішній вигляд (скромний святковий одяг та культурну поставу тіла);

### **Хто не може приймати Святого Причастя?**

Не можуть приймати неохрещені. Св. Юстин (+166) каже: «Нікому іншому не дозволено брати участі в Євхаристії, як тільки тому, хто вірує в істину нашого вчення і омився у Святім Хрещенні».

Не можуть приймати св. Причастя ті, хто є в стані важкого гріха. Важкий гріх є тоді, коли людина переступає Божу або Церковну заповідь у чомусь дуже важливому, свідомо і добровільно. Як правило, для багатьох людей тяжким гріхом є: крадіж, вбивство, гнів, сварки в родині тощо. Тим часом, обмова ближнього, його осудження чи очорнення, неправдомовність чи невідвідування недільного богослуження не беруться християнами до уваги. Насправді все це є вагомою проблемою, особливо занедбання молитви і опускання недільної Літургії.

Не може приступати до приймання Святих Тайн той, хто привселюдно, публічно поводить себе недостойно. Ця заборона у Канонічному праві найперше стосується тих вірних, які живуть на віру, нехтуючи Святою тайною Подружжя, або тих, хто розвівся та співживе з іншою людиною» (ККСЦ, 712).



### Spiritual Direction

So many of us are seeking something greater than ourselves but we are not sure on how to begin and there is an increasing need for the accompaniment of a spiritual guide who listens to our questions, concerns and situations as we attempt to deepen our relationship with God. Spiritual Direction provides guidance and assistance in the process of spiritual growth. If you would like Spiritual Direction, please contact John Waligorski at 519-542-0788 or by email at [wudan108@yahoo.com](mailto:wudan108@yahoo.com) or visit his website at [www.spiritual-assistance.com](http://www.spiritual-assistance.com)

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